



# Triple P

Starts  
Tuesday  
13th February  
2018!

## Positive Parenting Program

A series of workshops focusing on simple and practical strategies!

FREE 3 Week Positive Parenting Seminars for families and carers with children under the age of 12.

### What is Triple P?

Triple P is a parenting program that teaches parents practical and effective ways to manage tantrums, difficulties with bed time, following instructions and hurting others. Triple P provides parents with techniques to teach their children important social skills such as how to communicate their needs, be polite and use goodmanners, control their temper, share and play cooperatively.

Light refreshments provided!

### LOCATION

Belmore North  
Public School

### DATES & TIMES

Tuesday  
13, 20, 27 February  
1pm - 3pm

### BOOKINGS

9798 1700



Family &  
Community  
Services

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supporting families to raise children

