



Let's Talk

Health & Wellbeing Through Creative Arts

Build your leadership skills!

Join the Multicultural Social Support Group and release your creativity in this 8 week creative arts program! In a fun and relaxed environment, you will learn and develop craft skills and discuss approaches and outlooks on health. There will also be opportunities to speak to a health professional.

In this program you will learn:

- Knitting
- Jewellery Making
- Arts and Crafts Activities
- Leadership Skills

This program runs on:

Monday 26 August, 2019	10am	-	12pm
Monday 2 September, 2019	10am	-	12pm
Monday 9 September, 2019	10am	-	12pm
Monday 16 September, 2019	10am	-	12pm
Monday 23 September, 2019	10am	-	12pm
Monday 21 October, 2019	10am	-	12pm
Monday 28 October, 2019	10am	-	12pm
Monday 4 November, 2019	10am	-	12pm

This program is organised by the SETS Project, supported by Metro Assist's Let's Talk Cancer Screening Awareness Program, and funded by Cancer Institute NSW.

Cancer Institute NSW

Monday

26 August

10am - 12pm

VENUE

Ashfield Civic Centre
Activity Room 3
260 Liverpool Road
Ashfield NSW 2131

TIME & DATE

Every Monday starting from
Monday 26 August, 2019
10:00am - 12:00pm

REGISTRATION

Moushumi Martin or Dinaz Rather
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(02) 9789 3744

**Bookings are essential as
spaces are limited!**



metro assist