



# Tuning in to Kids

## FREE PARENTING WORKSHOP!

Starts  
Tuesday  
22 Oct, 2019  
10am-12:30pm

This six-week parenting workshop will show you how to develop your child's emotional intelligence, and help them achieve academic success!

- Create meaningful connections with your child
- Help them manage emotions
- Prevent behaviour problems
- Help your child become a lifelong learner

### TIME & DATES

Tuesday 22 October: 10am-12:30pm  
Tuesday 29 October: 10am-12:30pm  
Tuesday 5 November: 10am-12:30pm  
Tuesday 12 November: 10am-12:30pm  
Tuesday 19 November: 10am-12:30pm  
Tuesday 26 November: 10am-12:30pm

This project is proudly presented by Metro Assist in partnership with Summer Hill Family Services (auspice by Kids@Weldon). The program is also supported by Families NSW and Department of Family and Community Services.

### VENUE

Ashfield Civic Centre  
260 Liverpool Road, Ashfield  
Meeting Room 2

### REGISTRATION

Register via email to  
Suna Er, Metro Assist  
Suna.Er@metroassist.org.au  
or call (02) 9798 1700 for more info

### Please include the following details:

Your name & phone number  
Child/children's name & age

**Morning tea provided**  
**Please note, child minding**  
**will not be available**

